

What Makes a Northbridge Assisted Living Community Different?

We believe it is time for the next generation of senior living. We believe that in everything we do, our emphasis needs to be on *living well and loving life*.

Based on this philosophy, we have proudly created and offer the following programs in our communities.

SeniorGreen®

We provide environmentally sound initiatives through the design and operation of our community.

- Eat Seasonal, Eat Local Philosophy
- Energy Conservation
- Protecting Our Natural Resources

Where our residents' comfort and environmentally sound management intersect is the true goal of SeniorGreen®. Join us in our efforts to help our seniors leave the legacy they always intended; an earth well loved and cared for, to be enjoyed by generations to come.

The S.T.A.R. Program®

This stands for "Sharp Thinking Active Residents." We offer a weekly menu of activities to stimulate the mind, body, and soul.

- Body Works
- Intellectual Stimulation
- The Arts & Sciences
- Travel & Adventure
- Our Spiritual Side
- Where We Have Been

The Brain Gym

As part of our S.T.A.R. Program®, we have partnered with a nationally recognized leader in cognitive enhancement programs to create The Brain Gym. These programs, mainly computer-based, will be tailored for our residents and offered on our specially adapted computer systems for a nominal charge.

In addition, these fun and proven mental gymnastic programs are extended to seniors in the Dartmouth community as part of our commitment to be a good neighbor in the town.

Our goal at The Northbridge Companies is to not just meet the needs of our residents but to exceed them by surprising and delighting them with something new to look forward to every week.



AUTUMN GLEN
at Dartmouth

A Northbridge Assisted Living Community

239 Cross Road
North Dartmouth, MA 02747
Phone 508.992.8880
Fax 508.992.8884
www.autumnglenatdartmouth.com



DIRECTIONS TO AUTUMN GLEN

FROM THE NORTH

Route 24 South to I-195 East to Exit 12 (Faunce Corner Road)

FROM RHODE ISLAND

Take I-195 East to Exit 12 (Faunce Corner Road)

FROM FAUNCE CORNER ROAD EXIT

Go right at end of exit and stay to your right to first set of lights. Take a right at lights onto Cross Road. Follow Cross Road about 2 miles to Autumn Glen at Dartmouth. Our sign is visible from the road. Turn right into our driveway. Welcome!

FROM CAPE COD

Over the Bridge and follow the signs to I-195 West. Continue to Exit 12A (North Dartmouth). At the first traffic light (Cross Road) turn right. Follow Cross Road about 2 miles to Autumn Glen at Dartmouth. Our sign is visible from the road. Turn right into our driveway. Welcome!



*Live well,
Love life*



AUTUMN GLEN
at Dartmouth

A Northbridge Assisted Living Community





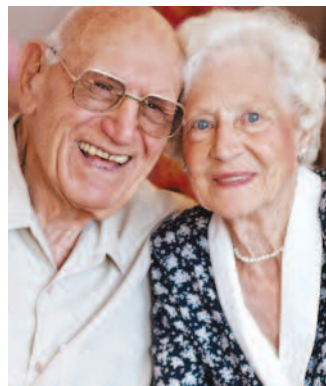
Historic Dartmouth, with its picturesque bay, is home to Autumn Glen.

The vibrant beauty of Buzzard's Bay hugs this quiet community like an old friend, just one reason why many call this area home. Autumn Glen at Dartmouth is an assisted living community with the essentials of home; where seniors find secure, supportive services and a social atmosphere they need without giving up the traditions and independence they cherish.



The interior design of Autumn Glen at Dartmouth captures the warm and welcoming feel of life in a New England town. From activities

in our spacious program room overlooking the terraced gardens and walking paths, to our country kitchen and pub, our extensive social and cultural calendar assures there is always something available to stimulate your mind, body, and soul.



Independence is treasured at Autumn Glen at Dartmouth and our exceptional staff, available 24-hours a day, do all they can to enhance a resident's sense of independence and dignity, while alleviating a family's concern for the safety of their loved one.

Whether assisting with dressing, medication reminders, or simply accompanying a resident for a stroll in the gardens, the staff is always ready with a helping hand.

Our goal is to put a smile on the face of each and every resident...every day.

For more information on the wonderful lifestyle found at Autumn Glen contact us at

508.992.8880

www.autumnglenatdartmouth.com



Located on 16 wooded acres off Cross Road, Autumn Glen at Dartmouth offers seniors personal care in a residential environment and the convenience of the community's proximity to I-95 and Route 6.

Autumn Glen at Dartmouth offers:

Three delicious meals served daily

Housekeeping

Personal care services

Medication assistance

24-hour staff

Scheduled transportation

Full calendar of events